

**A Whitehouse Son's Prayer | *Make Me a Man***

**Heavenly Father,**

**Make me a man who loves you with all that I have within me.**

**Make me a man that loves others the way that you do.**

**Make me a man that can take care of and serve women.**

**Make me a man with thick skin and a soft heart – tough, but tender.**

**Make me a man with wisdom from your Word to handle this life.**

**Make me a man who can lead where you want me to lead.**

**Make me a man who repents of my sin and is on mission for Jesus.**

## **A Whitehouse Daughter's Prayer | *Make Me a Woman***

**Heavenly Father,**

**Make me a woman who loves you with all that I have within me.**

**Make me a woman that guards my heart – protecting it from evil and temptation.**

**Make me a woman with genuine kindness for the other people you put around me.**

**Make me a woman who is confident in the beauty you've created within me.**

**Make me a woman who laughs along this journey of life.**

**Make me a woman who submits to authority out of reverence for Christ.**

**Make me a woman who can resist the pressures of the culture, protects my body, and purifies myself in truth – your Word is truth.**

**Make me a woman known for patience and self-control – who doesn't gossip – and walks with the Holy Spirit.**

**Make me a woman who embraces who you want me to be.**

**Make me a woman who repents of my sin and is on mission for Jesus.**

## **A Whitehouse Prayer | *Rest and Wake Up***

**Heavenly Father,**

**Thank you for the cross. Thank you for dying for me and going through all that you did to love me. Because of your love I know that I am special in your eyes.**

**As I prepare for sleep and rest I want to thank you for being my Chief Protector. I want to lay here knowing that you are my Heavenly Daddy.**

**As I dream, I want to dream good dreams. Keep my mind from evil and the snare of Satan. Fill my heart with joy and gladness in my dreams.**

**When I wake up, I want to live my life for you. Help me to see others as a gift from God. My siblings, my Mom, and my Dad are all good gifts from you. Please help me to repent of my selfishness when it shows up.**

**When I wake up, I want to work hard and serve our family as if I'm working directly for you. I confess, sometimes I don't want to. Please help me to put others before myself and love them as much as I love myself.**

**When I wake up, I want to learn new things. Help me to learn new things that will help me know about you and the world and succeed in learning.**

**When I wake up, I want to have a lot of fun. I want to be marked by joy – enjoying this life you have given me and worship you by laughing and keeping a joyful heart.**

**And now, as I close my eyes, may I rest well. Rest is worship. Amen.**

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## **A Whitehouse Prayer | *Turn Anxiety into Security***

**Jesus,**

**Before you died on the cross, you were struck with anxiety. You sweated drops of blood. This makes me worship and praise you because you went through so much to love me. Even though life can be hard at times, I know, full well, that I will never go through anything as hard as the cross. That must have felt like a lot of anxiety.**

**Jesus, I confess that I am often worried and anxious. I worry about a lot of things. Not on purpose. I just do. I can't seem to help it. So I turn toward you again.**

**I always want to know what is going on and will happen next. Father, help me to rest in you. Help me to constantly remember that you are my Protector, my Daddy, and my Savior who brings security.**

**I want to worship you fully. I confess that my anxious heart is a lack of faith and a desire for control and routine. Help me to trust you with great faith! You are the Controller and I am your child!**

**Your power never gets tired. Your help is always there. When my eyes are held awake with worry – give me a picture of you on your throne. Like a King - my King - in charge of my life!**

**And now, as I lay my head on this pillow, help me to shut my eyes and not be filled with worry. I rejoice in the fact that you are the God who never sleeps, snores, or slumbers. You don't need sleep. I do.**

**Please hear my prayer. Amen.**