



8 ways to be missional without blowing your schedule

Missional is not an event we tack onto our already busy lives. It is our life. Mission should be the way we live, not something we add onto life: “As you go, make disciples...”; “Walk wisely towards outsiders”; “Let your speech always be seasoned with salt”; “be prepared to give a defense for your hope”. We can be missional in everyday ways without even overloading our schedules. Here are a few suggestions:

1. Eat with Non-Christians

We all eat three meals a day. Why not make a habit of sharing one of those meals with a non-Christian or with a family of non-Christians? Go to lunch with a co-worker, not by yourself. Invite the neighbors over for family dinner. If it's too much work to cook a big dinner, just order pizza and put the focus on conversation. When you go out for a meal, invite a non-Christian friend. Or take your family to family-style restaurants where you can sit at the table with strangers and strike up conversations (The Machine Shed, Happy Joe's, etc.). Have cookouts and invite Christians and non-Christians. *Flee the Christian subculture.*

2. Walk, Don't Drive

If you live in a walkable area, make a practice of getting out and walking around your neighborhood, apartment complex, or campus. Instead of driving to the mailbox, convenience store, or apartment office, walk to get mail, groceries, and stuff. Be deliberate in your walk. Say hello to people you don't know. Strike up conversations. Attract attention by walking the dog, taking a 6-pack (and share), bringing the kids. Make friends. Get out of your house! Last night I spend an hour outside gardening with my family. We had good conversations with 3-4 neighbors. Take interest in your neighbors. Ask questions. Engage. Pray as you go. *Save some gas, and the planet.*

3. Be a Regular

Instead of hopping all over the city for gas, groceries, haircuts, eating out, and coffee, go to the same places. Get to know the staff. Go to the same places at the same times. Smile. Ask questions. Be a regular. I have friends at coffee shops all over the city. My friends at Starbucks donate a ton of left over pastries to our church 2-3 times a week. We use for church gatherings and occasionally give to the homeless. Build relationships. *Be a Regular.*

4. Hobby with Non-Christians

Pick a hobby that you can share. Get out and do something you enjoy with others. Try City League sports. Local running and cycling teams. Share your hobby by teaching lessons. Teach sewing lessons, piano lessons, violin, guitar, knitting, or tennis lessons. Be prayerful. Be intentional. Be winsome. Have fun. *Be yourself.*



5. Talk to Your Co-workers

How hard is that? Take your breaks with intentionality. Go out with your team or task force after work. Show interest in your co-workers. Pick four and pray for them. Form mom's groups in your neighborhood and don't make them exclusively non-Christian. Schedule play dates with the neighbors' kids. *Work on mission.*

6. Volunteer with Non-Profits

Find a non-profit in your part of the city and take Saturday a month to serve your city. Bring your neighbors, your friends, or your small group. Spend time with your church serving your city. Once a month. *You can do it!*

7. Participate in City Events

Instead of playing X-Box, watching TV, or surfing the net, participate in city events. Go to fundraisers, festivals, clean-ups, summer shows, and concerts. Participate missionally. Strike up conversation. Study the culture. Reflect on what you see and hear. Pray for the city. Love the city. *Participate with the city.*

8. Serve your Neighbors

Help a neighbor by weeding, mowing, building a cabinet, fixing a car. Stop by the neighborhood association or apartment office and ask if there is anything you can do to help improve things. Ask your local Police and Fire Stations if there is anything you can do to help them. Get creative. *Just serve!*